

# Expectations

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1. How love is shown in a marriage.
2. How anger or frustration should be expressed.
3. What a “spiritual family” looks like.
4. How often we should be on our phones and how do we discuss it if we feel our spouse is choosing a phone over the family?
5. How kids should be disciplined.
6. The level of involvement of our parents/relatives in our lives.
7. How to show compassion for your spouse.
8. What is “yelling”?
9. How much of a voice children should have in family decisions.
10. The general roles of husbands and wives.
11. How to show respect to spouses, kids, and those outside of the family.
12. What is an appropriate vs. an inappropriate friendship with the opposite sex?
13. How to relax/unwind.
14. What a fun weekend looks like.
15. How to spend money (being frugal vs. being a Scrooge; enjoying money vs spending recklessly).
16. How often and to what extent we discuss difficult topics like finances, sex, or death.
17. The definition of the word “successful” in regards to career and also family.
18. Frequency/creativity of sexual activity and how to prevent sexual stagnation.
19. What our family holidays should look like.
20. How we show trust to each other.
21. What is pornography?

22. What being a “responsible” or “irresponsible” spouse/parent means.
23. How involved each parent should be with the day to day dealings of children’s schedules.
24. Who should take the lead on scheduling appointments with doctors, car repair, etc?
25. The definition of the word “addiction”.
26. The role our family plays in the struggles of other family members.
27. How much time kids should spend with digital technology.
28. What is marital commitment vs. betrayal?
29. Daily chores; who does what, when, and how.
30. Division of labor in parenting; who does what, when, and how and how to resolve disputes that may arise in this area.
31. How involved should we be in church?
32. What a family vacation looks like.
33. What is an acceptable level of digital privacy in the home?
34. What is appropriate entertainment in movies, music, and popular media?
35. What is fighting vs. arguing vs. discussing?
36. What should a person do when he/she is extremely angry in the midst of a conversation with a spouse or a child?
37. What type of debt is acceptable and what is an acceptable amount?
38. How important is nonverbal communication (tone, mannerisms, eye contact, etc.)?
39. Should spouses “check-in” with each other when they are apart and to what extent?
40. Should our children play sports and if so, what role should that play in our family?
41. Is it ok for spouses to poke fun at each other in front of others?
42. How freely should spouses discuss their relationship with other people?
43. Who is responsible for meals? Does this change? How do we communicate it?