
For The Fun Of It

Circle all the items in the list that represent a starting point for how you'd like to play or have adventure with your partner, and then star the top three that you would like to do first. For the truly adventurous, you can use the list as a weekly suggestion for something new and try as many as you can get to. There are also some blank lines so you can fill in your own ideas of play.

1. Take a hike or long walk together
2. Take a drive this weekend to somewhere we've both wanted to explore
3. Plan a picnic
4. Play a board game or card game together
5. Choose and learn a new video game together
6. Shop for cars, antiques, new clothes—whatever passion you share
7. Plan a meal together and invite friends over
8. Cook a dish from a new cuisine together
9. Choose a new restaurant to explore or cuisine to try
10. Play catch
11. Learn a new language together (or at least a few phrases)
12. Speak in foreign accents while doing just about anything
13. Go bicycling or rent a bicycle for two
14. Go roller-skating or ice-skating
15. Rent Segways
16. Row a boat or canoe or kayak together
17. Go to a bookstore and explore books in a section we don't usually read
18. Go visit wildlife: bird-watching, whale watching, the local zoo, or the aquarium
19. Learn a new sport together
20. Go see a live performance: play, improv, musical, stand-up comedy, circus, dance—whatever sounds fun
21. Take a performance class together, like improv, acting, singing, or stand-up comedy
22. Read a joke book together.
23. Read a book of poems together. Or alternate reading one joke and one poem.
24. Go dancing
25. Go fishing
26. Go to a concert or any live music

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27. Create a playlist of the music from when we met and dance or listen to it together
 28. Work out together
 29. Get tickets to our favorite sports event and cheer together
 30. Go to a spa and enjoy being together in the hot tub or sauna
 31. Play music together
 32. Sing loudly together to music we both know
 33. Go to an art gallery or museum
 34. Pretend we are spies while out at the mall or in town
 35. Go wine tasting or beer tasting or chocolate tasting
 36. Climb a hill, mountain, or friendly tree
 37. Tell stories about the most embarrassing or entertaining episodes of our lives
 38. Go to a climbing gym
 39. Go to a trampoline gym
 40. Go to a theme park or amusement park
 41. Play in the water together: swimming, water skiing, riding waves, paddleboarding, sailing
 42. Make a date to meet somewhere and pretend we don't know each other and are meeting for the first time. Flirt, and try to seduce each other
 43. Color, draw, or paint together
 44. Make something together, such as crafts, pottery, model airplanes, clothing, costumes, woodwork
 45. Throw an impromptu party and invite everyone who's available at the moment
 46. Do yoga together or take a couples' yoga class
 47. Learn couples' massage
 48. Go for a walk in a new neighborhood
 49. Write a love letter to each other with our nondominant hand
 50. Ride the local bus system around our town rather than drive
 51. Stay up all night
 52. Turn off all electronic devices for the entire day
 53. Take an art class
 54. Take a cooking class
 55. Take a dance class
 56. Ask a couple you don't know very well to go on a double date

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57. Strike up a conversation together with strangers sitting near you in a restaurant, on a park bench, or on the subway
 58. Try a new sport
 59. Play in the mud
 60. Scuba dive or go cage diving with sharks
 61. Go bungee jumping
 62. Go hiking, camping, or backpacking
 63. Travel to an exotic country
 64. Do anything you've always wanted to do, but were afraid to try
 65. _____
 66. _____
 67. _____

Conversation Starters

- ❖ What activities did each of you choose? Are there themes you notice? In other words, does one of you want to spend more time outdoors or more time learning to do new things, or more time as a couple with other people?
- ❖ Do you feel like “adventure” and “play” are a regular part of your shared married life? Why or why not?
- ❖ Do you feel like “adventure” and “play” are an important part of a marriage? Why or why not?
- ❖ Will you commit to increasing the amount of time you spend simply enjoying each other and creating new experiences together? If so, what will you commit to do? Something from list? Something that wasn't on this list?

When you're done, pray together that God will provide you with opportunities to increase the amount of adventure and play in your marriage.